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Sunday Service 11 a.m.

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Sunday Services

March 2 Heather Lunergan *“Carrying the Chalice”*
Sharing Our Faith Sunday Sharing Our Faith is a program of the Canadian Unitarian Council (CUC), and it encourages greater associational awareness in our congregations, the fostering of relationships, and a sense of community and connection among and between our member congregations and communities.

March 9 Lorna Drew

March 16 Malcolm Miller *Hypnosis*

March 23 The Reverend Linda Thomson Linda is responsible for Congregational Development – Central and Eastern Regions, the CUC, and will be visiting Fredericton as part of a tour including PEI and Saint John as well. Linda will deliver the address on Sunday morning and will be available to work with us on the Saturday as well.

March 30 TBA



Women's Pot Luck

The women's pot luck for March will be held Friday, March 28, 2014. We gather at 6 PM and eat at 6:30 PM. At this time I cannot tell you who will host the pot luck or what the topic will be, but I have no doubt that someone will offer to host the evening and it will happen. I will let people know the location and the topic through email and the Sunday service bulletin. For further information contact Joan Brewer at 455-5169 or jbrewer@rogers.com



Wanted: Artists and Artisans

To participate in our Spring Fling Art and Craft Sale Friday, May 2 and Sat, May 3. Spread the word if you know someone who might be interested. Nancy can send more information nahbeltrandi@gmail.com



Celebration of Faith and Diversity

St. Thomas University is again holding the Celebration of Faith and Diversity March 29 and 30 and UFF has been invited to participate. This is the third time the university and its first-year Introduction to Religious Studies students have put on this event. The UFF participated in the first two events. This is an opportunity for local faith communities to communicate and learn about each other's religions. About a dozen local churches are expected to participate this year.

On Saturday, March 29, the celebration begins at 9 am with an official opening at STU's Kinsella Auditorium in Sir James Dunn Hall. Then each participating church has 10 minutes to discuss the topic "neighbours" and what that means to their faith community. Our lay chaplain, Tony Fitzgerald, has agreed to give the talk on behalf of UFF.

On Saturday afternoon each church is invited to make presentations that represent some aspect of their religious

practices or beliefs. UFF will offer some music from our Living the Tradition hymn book. Our pianist Margaret Fitzgerald has kindly offered to play piano. We need a good representation of members to join her and sing, especially a core of some of our stronger singers. Of course everyone is encouraged to attend the entire event. But at the very least please show up for our part in the singing which is about 2:20 p.m.

A potluck meal will be available at noon. We need one volunteer who likes to cook to take charge of this aspect of the event and to communicate with the organizers of the meal. The meal will be vegetarian. Please contact Glenna Hanley at ghanley@nb.sympatico.ca or phone 472-8431.

A second day has been added this year. Everyone is invited to visit the Jewish Sgoolai Israel Synagogue at 168 Westmorland St. (The time not available at this time). We have two STU students partnering with us for this event. They are Brendan Childerley and Sara Appleby. If you see them at a Sunday service please give them a warm welcome.

For more information or to volunteer please contact Glenna Hanley or Tony Fitzgerald at jaf@UNB.ca.



Spring Fling Art and Craft Sale

Friday, May 2 and Sat, May 3. Come and shop or come and help out.

We need food donations, new to you donations and volunteers to help out. For more information, email Janet janetcra@nbnet.nb.ca or Nancy nahbeltrandi@gmail.com



Get Out Your Aprons and Baking Pans

Annual SPRING FLING fund raising event takes place Friday, May 2nd and Saturday May 3rd. This is a great opportunity for those who love to bake! Plan to donate some of your delicious baked goods for our BAKE SALE in the kitchen. Items such as breads, cookies, squares, cakes, doughnuts, –...even baked beans are always good sellers. So, go through your cookbooks and recipe files for your tastiest goodies for our sale.

For further information please call Sheila Moore – 363-2480



Membership in Tuff

Your membership committee is thinking about offering a New U program in the spring or fall. If interested in taking part, please email Janet Crawford janetcra@nbnet.nb.ca

Find out What Unitarian Universalists Believe, Living Principles for a Living Faith, The History and Theology of Unitarianism and much more.

For more information, email Janet Crawford janetcra@nbnet.nb.ca



A surprise in Lexington, Kentucky

A few years ago Ken and I were travelling in the U.S. and happened to be in Lexington, Kentucky on a Sunday. We found the Unitarian Universalist Church and attended their service. Imagine our surprise when we read the following on the cover of their order of service for that day:

The day the child realizes that all adults are imperfect,
he becomes an adolescent;
the day he forgives them, he becomes an adult;
the day he forgives himself, he becomes wise.

Alden Nowlan

After the service we spoke to the minister, Rev. Cynthia Cain and when we mentioned that we were from Fredericton, N.B. she told us that she had been room-mates with Nancy Anderson when they attended Lancaster Theological School in Pennsylvania. Rev. Nancy Anderson was our minister here in Fredericton from 1996-2001. It is, indeed, a small world.

Sheila Moore



I M U U R U?

In my teaching days, I used to have class conversations, one of which was about acronyms and mnemonics. The students usually knew some but were often surprised to learn about the lesser-known ones such as “NEWS” for north, east, west, south, or “GOLF,” for “gentlemen only, ladies forbidden.” I used the opportunity to share my own acronyms, “GOIC” and “COIK,” as a way to help them use textbooks and note-taking more effectively. “GOIC” means “gone over in class” and is useful for textbooks or notes when the prof spends extra time on a concept or occurrence. In other words, the kind of thing that might be on a test. “COIK” is the flip side, and means “comprehensible only if known.” In other words, if you dont do

the reading, you may spend valuable time writing down things that you should “know” about before the class.

So, in the spirit of Sharing Our Faith Sunday and in the joy of acronyms, here is something to share with the family. Following is a list of acronyms that have to do with U*Uism. The “answers” are somewhere near the end of this newsletter. Here is the list: UUA, CUC, CLF, SOF, UFF, CUUL (school) and, for you “denominational junkies,” how about UU-UNO and ICUU? In a “harder category,” UUMOC.

Heather Lunergan



TUFF Caring

We are starting a new caring committee. We want people in our community to know that TUFF CARES. Please let us know if you are able to help the committee and also if people are ill and we can send a card or have joys that we can help celebrate. If you would like to be on the committee or to help co-ordinate a caring network for people who live alone, let us know. Janet Crawford janetcra@nbnet.nb.ca



Board and Committee Chairs

It was suggested that the membership of the board and the chairs of standing committees be published for the reference of our membership. I will point out that the current board and standing committee chairs are to be found on our web site (uff.ca) under the “How to Contact Us” tab. The web site editor should be informed of any errors or omissions since, sometimes, changes sneak past his observation and the editor is perfectly capable of making errors of his own.

Board Members	
<i>President</i>	George DeMille
<i>Past President</i>	Sheila Thompson
<i>Secretary</i>	Sylvia Hale
<i>Treasurer</i>	Sheila Thompson
Programmes and Ministry	
<i>VP</i>	Jo-Anne Elder-Gomes
<i>AVP</i>	Malcolm Miller
Communications and Outreach	
<i>VP</i>	Gail Moore
<i>AVP</i>	Heidi O'Donnell
Finances and Facilities	
<i>VP</i>	Tony Fitzgerald
<i>AVP</i>	Ken Moore

Standing Committees	
Programmes and Ministry	
<i>Sunday Services</i>	Sylvia Hale
<i>Adult Programs</i>	Jo-Anne Elder-Gomes
<i>Children's Program</i>	Darcie Dunbar
<i>Hospitality</i>	<i>vacant</i>
<i>Caring</i>	Janet Crawford
<i>Ministry</i>	<i>inactive</i>
<i>Lay Chaplaincy</i>	Sheila Moore
Communications and Outreach	
<i>Membership</i>	Janet Crawford
<i>Public Awareness</i>	Glenna Hanley
<i>Social Responsibility</i>	Darcie Dunbar
Finances and Facilities	
<i>Finances</i>	Joan McFarland
<i>Building and Grounds</i>	Jeff Frooman
Other Positions	
<i>RE Facilitator</i>	Victoria (Tori) Kirkby
<i>Childcare</i>	Nicholas Barnes
<i>Lay Chaplains</i>	Sharon van Abbema
	Tony Fitzgerald
<i>Newsletter Editor</i>	Tony Fitzgerald



CUC: Turning Towards the Future

The CUC's annual conference and meeting is less than 3 months away. As with every gathering of U*U delegates and attendees, there will be lots of paper, and even more talking. And as usual, there are materials available on the CUC website to help every member and friend “read up on” issues that will be discussed, and in some cases, understand the background to discussions that will take place in May, in Montreal. Here is a formal introduction to an important paper, entitled “Canadian Unitarian Council: Turning Towards the Future,” which has been prepared by the CUC's Board of Trustees. You can become more involved if you wish, by filling in a feedback form, or you can contact a member of the Board by going to CUC's website and clicking on “Governance.”

“Every person experiences moments of profound change. Someone places an impossibly tiny, completely defenseless creature in your arms, and the meaning of your life is forever altered. You stand in your robes with a freshly printed diploma in your hands, and your place in the world is no longer the same. You gather with others to remember someone now eternally absent, and the universe has been reconfigured. These occasions are often called “watershed moments” or “turning points.” Watershed moments can also come to groups, or institutions, or even nations. A new sense of purpose or new goals can arise from conflict or agreement, an incident or a discovery. When the history of our era is written, this time might be considered a

turning point for the Canadian Unitarian Council and for Unitarianism in Canada.

Read the discussion paper “Canadian Unitarian Council: Turning Towards the Future” for a description of our current challenges, the Board’s proposed future vision, and to see how you can get involved! You can provide your input by submitting a completed Board Feedback Form.”



Northern Lights

The Northern Lights team is delighted to announce that Comox Valley Unitarian Fellowship in British Columbia has been awarded the next Northern Lights Call. The Fellowship will ask Northern Lighters to help them extend professional religious leadership for an additional year so that they can undertake their most ambitious growth project yet: moving to weekly Sunday services.

Comox Valley’s project grew out of a “leap of faith” in the spring of 2012, when the congregation voted to pursue a quarter-time consulting minister. They secured the services of the Rev. Meg Roberts, and the results were so clearly beneficial that they applied for a Sharing Our Faith Grant to support a second year.

In the past two years they report growing “tremendously” in organizational strength, as well as seeing growth in numbers.

The Comox Valley Unitarian Fellowship announced in its application that they are “primed for growth” and they invite Northern Lighters to help them take this next big step: “... we believe this is the time to invite other Canadian UUs who believe in the growth of our national movement, to make an investment in our fellowship.”

Comox Valley is the fifth congregation to receive an award. The Northern Lights Team is excited to see the Northern Lights program gain momentum, building on the achievement of previous recipients – Saskatoon, Halifax, Mississauga and UUEstrie (North Hatley) – and the generosity of Northern Lighters who answer the call. The congregation at UU Estrie in North Hatley is receiving responses to their 2013 call even now.

Northern Lights is a joint endeavor of the Canadian Unitarian Council and the UU Ministers of Canada. Individuals pledge to respond to calls for donations to selected projects twice each year. The recipient congregations (or other related organisations) receive and receipt the donations and provide reports and thanks to the donors. To qualify for a Call, a congregation must have 20% of its membership enrolled as Northern Lighters.

At present, about 260 Canadian UUs are committed Northern Lighters. To become a Northern Lights donor, or

to find information about applying for a grant, go on-line at <http://cuc.ca/northern-lights/>, or call the CUC office at 1.888.568.5723.

The Northern Lights Team

Vyda Ng
Executive Director
Canadian Unitarian Council
Conseil Unitarien du Canada
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416-489-4121 — 1-888-568-5723
cuc.ca



Some March Festivals

Certainly not an exhaustive list of festivals.

St. David’s Day is the 1st of March and the celebration of the patron saint of Wales.

The Nineteen Day Fast of the Baha’i begins on the 2nd of March. No food or drink is consumed between sunrise and sunset during this period. The fast ends on the day before Naw-Ruz.

Shrove Tuesday is the 4th. Also known as Pancake Day is a chance to use up foods not permitted during the Christian period of Lent which begins the next day as Ash Wednesday.

Pi Day is the 14th of the third month (3.14 is an approximation of π). This is also Albert Einstein’s birthday.

St. Patrick’s Day is the 17th of March and the celebration of the patron saint of Ireland.

Spring Equinox and **Eoster** on the 20th. Eoster celebrates the Goddess who was reborn at Imbolc reaching the peak of her fertility and eggs and hares are her symbols.

The 21st of the month is close enough to the equinox that the Baha’i celebrate **Naw-Ruz** or the Baha’i New Year. The Zoroastrian New Year in the Fasli calendar is also celebrated on this date as **Jamshedi Noruz**. The Shinto and Japanese Buddhist religions celebrate this as **Shubun-sai** or Equinox day as a day to visit graves.



Acronym Answers

CLF Church of the Larger Fellowship, a UUA support organization for U*U who are not affiliated with a congregation.

CUC Canadian Unitarian Council, the organization in Canada which provides support for Canadian congregations.

CUUL Canadian Unitarian Universalist Leadership (School) is an immersive annual CUC training program for current and emerging congregational leaders.

ICUU International Council of Unitarians and Universalists is an umbrella organization for Universalist, Unitarian and U*U organizations.

SOF Sharing Our Faith, a CUC program to fund congregational initiatives to enhance ministry, aid projects and outreach.

UUA Unitarian Universalist Association originally, in full as the UUA of Congregations in North America, since 2000 has been focused more on just the US congregations.

U*U Unitarian Universalist. The asterisk is to emphasize that neither word is an adjective qualifying the other. The UUA was formed as a merging of two separate churches, the Unitarian and the Universalist.

UFF Unitarian Fellowship of Fredericton is the Fredericton congregation's legal name.

UU-UNO Unitarian Universalist United Nations Office is the U*U presence in the United Nations.

UUMOC Unitarian Universalist Ministers of Canada



Wine Country Holiday

Unitarian Universalist Fellowship of North Bay

“You generously share your beautiful community, your welcoming homes, your expertise and, especially, your warmth. We will remember this trip always.”

Ann McCracken, Cincinnati, OH.

The UU's of Napa, California proudly announce the ninth season of our **Wine Country Excursions**. Again, we offer several options for an inside look at one of America's most beautiful areas, internationally known for fine wines, gourmet dining and spectacular vistas.

There is much to see and do in the Napa and Sonoma valleys, e.g. wine tasting at renowned and boutique wineries; visits to art galleries and museums; exploring the natural beauty of our hills and valleys on miles of hiking and bike trails or by car on our highways and back country roads. Napa is an hour from San Francisco by car or ferry.

We offer two choices: Both start with comfortable lodging in members' homes with full breakfast (up to 3 nights). You can choose a 2-day “Wine Country Excursion,” (a guided, personalized tour conducted by one of our members—some with wine industry experience) or lodging and self-guided touring. If desired, we provide guidance, maps, etc. *UU ministers will be personally guided by our minister, Rev. Bonnie Dlott.*

The program runs from April through October. Our fees are well below market rate for comparable services and *all proceeds go to our small fellowship*. For complete details contact: Iris Barrie at 707.363.7552 or barrie001@comcast.net

We look forward to sharing our lovely “home” with you!

This space wants your material!
Please send articles to touchstone@uff.ca