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Sunday Service 11 a.m.

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EWB, and describe their personal involvement, experiences and reasons for commitment.



Children's Program Committee Report

The children's program this fall is going well under the capable guidance of Stephanie Yorke, assisted by Elisabeth Elder-Gomes. Allan Walls has stepped in when Elisabeth was not available. We continue to focus each month on one of the seven UU principles. For November it is the "acceptance of one another and encouragement of spiritual growth" and for December the focus will be on our fourth principle, "a free and responsible search for truth and meaning." The children's version of these principles, in a more simplified language, is given in the following week-by-week breakdown.

November 2007

Theme: Principle #3 "We Believe That We Should Encourage One Another and Learn Together."

- a.. **November 4:** Music & Singing (songs relating to Principle #3)
- b.. **November 11:** Principle #3 Discussion
- c.. **November 18:** Environmental Topic: "Littering"
- d.. **November 25:** World Religion: Judaism

December 2007

Theme: Principle #4 "We Believe That Each Person Must Be Free To Search for What Is True and Right In Life."

- a.. **December 2:** Music & Singing (songs relating to Principle #4)
- b.. **December 9:** Principle #4 Discussion
- c.. **December 16:** Environmental Topic: "The Ocean"
- d.. **December 23:** Intergenerational Christmas Service
- e.. **December 30:** World Religion: Christianity

As Stephanie reports below the attendance on Sunday

Sunday Services

November 4 "War Brides" Melynda Jarratt with Patricia des Champs as service leader.

November 11 "Poetry and Songs of War" Al Sharp will lead the service. The emotions evoked by war have given birth to some of the world's most moving poetry and songs. This service provides a small sample, focusing on the impact of war on individuals, both those going to war and those who remain behind. It is not about the horrors of war, but rather about simple people searching for meaning in their experiences. The earliest song is from the War of the Spanish Succession in 1701, and the most recent from the wars in Iraq and Afghanistan.

November 18 "Buy Nothing Day" Joan McFarland.

November 25 "Engineers Without Borders" Al Sharp will lead the service. Engineers Without Borders is by far the fastest growing student organization at UNB and STU. Guest speakers today will be two UNB students who are active members of EWB, Chelsea Ferris and Bryn Ferris. Chelsea and Bryn will speak about the activities and objectives of

mornings by the children is increasing. This is encouraging but we still have some way to go to reach the situation that our congregation has experienced at times in its past when the children's program was a major factor in bringing potential new adult members through our doors.

George DeMille

Children's Program Facilitator Report

Well, we've kicked off the new RE year with a boom - a baby boom, that is! Over the past month, we've seen at least seven new (or new-to-me) faces, and most of the inductees have been pre-schoolers or kindergarteners. The class numbered between eight and twelve throughout the month of September. We learned about Islam, food economy, and the first UU principle - and we made some very exotic autumn leaves out of coffee filters.

Please, save your pennies for the kids' Christmas fundraiser - we've got an economy-sized pickle bottle in the classroom, and we hope to fill it with enough copper to buy a needy family a turkey this Christmas (or Hanukah food, if the opportunity presents itself).

Stephanie Yorke



2008 Canvass

One of my lasting impressions of the very first Sunday that I attended the Unitarian Fellowship of Fredericton was that the collection plate was passed but nobody put anything in it. This, I thought, is the church for me! Of course, only later did I realize that those at that Sunday meeting (we wouldn't have called it a "service" in those days) willingly gave their financial support to the fellowship but did not feel the need to drop a few coins into the collection plate every week.

November is money month at the fellowship - the month during which we conduct our annual every-member canvass for the coming year. You will be hearing quite a bit about money and finances over the next few weeks. It will all come to a smashing finish with a gala dinner on November 28. Mark your calendars for this important event in the life of our fellowship.

This year we are making some changes to the way in which the canvass is to be conducted. A team of canvassers has been recruited and we plan to have the members of that team contact our members on an individual one-on-one basis. This was a process that we used for a number of years when Nancy Anderson was here. Then we switched (in fact, the last time I was Finance Committee chair) to just mailing out the canvass package. It is good idea to change the canvass process from time to time and the Finance Committee feels that this is the time for such a change.

While the canvasser approaching you will deliver a canvass package to you, his/her job will NOT be to pitch for you to make a pledge of financial support. Rather, they will provide an opportunity for you to talk about your feelings concerning the fellowship: what you like, what you think could be improved, what you would prefer we not be doing. Of course, if you have questions or comments about our finances your canvasser will be ready to discuss such issues with you. The primary purpose of these one-on-one visits is to get feedback from our membership about TUFF and its programs. When you are contacted please welcome your canvasser and perhaps share a cup of tea or other refreshment.


For your information the members of the Finance Committee are George DeMille (chair), Allan Walls, Patricia desChamps, Danny Mathias and Tony Fitzgerald. Please contact one of us if you have any questions concerning the canvass process.

George DeMille



Joyful Noises Director

The Joyful Noises choir is searching for a new director. Is there anyone at the Fellowship who would be interested in this position? If so, please contact either Linda (452-0982) or Margaret (454-5319).



Letter of Thanks

I'd like to thank all those involved in the production of COMFORT THE CHILDREN over the last three months. It all began when Allison Calvern read my play and believed that it had a message that Unitarians would be able to appreciate. She is the person who suggested I approach Nasnan Noctog to play the lead role.

I'd like to thank all of the actors who either volunteered during calls for players or were persuaded by me to be a part. Thank you for accepting my friends from outside the Fellowship who worked alongside of you all so valiantly. I thank Margaret Fitzgerald for graciously accepting my invitation to select the music. Her choices were very effective and her patience during the rehearsals was above and beyond.

I thank Patricia desChamps for all of her great work promoting the play and me far and wide. And dear Haifa for all of the T.L.C. she lavished upon me over the past three months. I also owe a great debt to Faith McFarland who produced set and props on a budget of zero and Jeff who seamlessly slipped into the set team. Bless Tara

O'Regan for being Nasnan's wardrobe assistant during the final crazy week. And of course thank George Demille for all the perfect printed material from scripts to posters to programs.

I thank the Fellowship for use of the building and Joan Mcfarland for securing the Ted Daigle for our grand performance. And of course oh my GAWD! We mustn't forget Tony for his strength in appearing in the talking circle with his elegant personal style. He set up the tone for the evening with his brilliant performance in the opening scene and wrapping it up with the final reach towards reconciliation. And I don't know how to thank my precious Nasnan. She truly is a phenomenon. She performed with such eloquence of emotion, the amazing embodiment of my words.

I never imagined anyone could ever evoke the spirit of my pain, rage, shame or love, healing and forgiveness the way she did. She is a gift to our community.

I hope that I haven't forgotten anyone. If I have, please remember it's not because I didn't appreciate whatever it was that you did but because I AM SO OVERWHELMED at this time by all of the support and encouragement of my friends within the Fellowship and outside of it. I have experienced the thrill of a lifetime at age 47. I can't wait to see what my 50's will bring.

Sue



Recycling

The Buildings and Grounds Committee is very pleased with the co-operation of people using the large blue dolly for paper recycling. It's great to see the contents of the dolly put to good use in our municipality. The instructions for using the blue dolly are posted on the fridge and at the kitchen sink. There is a small blue container in the kitchen with the directions taped to the side of it as well. The brown paper towel in the kitchen has been well received. It's sure not as soft or as absorbent as the commercial brands we used to use but it's sure better for the environment.

In fellowship,
Patricia desChamps
Chair Buildings and Grounds Committee



Regional Gatherings

Editor's Note: this was with respect to Western Regional

Gatherings but it seemed general enough for the East as well.

Regional Fall Gatherings. Socks. Hallowe'en. What could these three things have in common? Well, not too much, unless you're me right now. I've finished knitting my first sock after making three attempts. I'm creating the Samhain/Hallowe'en service for the Unitarian Congregation of Saskatoon. It's mid-October and we're putting the finishing touches on the Western and BC Regional Fall Gatherings. What these seemingly disparate things have in common is connection across generations.

One goal of Regional Fall Gatherings is that they be multi-generational events. The Planning Guide describes this as "an objective which carries both complexity and enriched community." How true. A lot of energy and thought goes into planning an event that is intentionally multigenerational. It is a challenge to create an event that engages all participants across ages and life stages. But how rewarding it is when elders, children, youth and those in between learn from each other, find common ground and build community together.

I've just successfully knitted my first sock. I had many 'sock challenges' over the last few weeks. As I struggled with different patterns and yarn and needles I complained to my mom about it on phone call. She said, 'It's a shame your grandma's not here, she'd be able to help you.' My maternal grandmother passed away twenty-six years ago - six weeks after my mother's thirtieth birthday, in fact. I think about my grandma often, especially when my mom is imparting her wisdom regarding parenting a teenaged daughter. I know that this was wisdom my mom never had the opportunity to receive from her mother.

Samhain (usually pronounced SOW-an) is one of the eight Sabbats celebrated by modern pagans. For most modern pagans (Wiccans, Witches, etc.) it is the holiest of Sabbats. While there is fun and playfulness - we like decorating our front lawns and bobbing for apples - it is a time to honour our ancestors and others who have passed on. So, at this time of year I often think of my grandparents. I was very fortunate to have these people in my life for so long - my maternal grandfather passed away weeks before my twenty-ninth birthday and my paternal grandmother passed on a few months after my thirty-second birthday. I absorbed their wisdom, listened to their stories and was old enough to truly appreciate them. I am also a little envious of my daughter who was privileged to know two of her great-grandparents, an opportunity so few of us have. One of my most treasured memories is an afternoon spent with my grandfather, mother, and daughter on the land my grandfather purchased in 1946 and on which my mother grew up. I often think of that afternoon when I honour my ancestors at Samhain.

What special places our religious communities are. So much of our society is segregated by age. So many of our children live thousands of kilometres from grandparents

or have only photos and parents' memories. Our religious communities are one of the few places elders, children and those in between can make real connections across generations. Our Unitarian Universalist communities - in all their forms - are blessed. It is my hope that we find many opportunities to encourage these important connections.



Eagle over Nashwaak River



Message from Mary

OPERATORS ARE STANDING BY

"It's a big country!" I hear this acknowledgment frequently as people are empathizing with the challenge of getting Unitarians and Universalists from Victoria, BC to St. John's, Newfoundland communicating with each other. We are hoping to manage a link of some sort on the first weekend in November, when about 100 UU's will be at the BC Regional Fall Gathering on the West Coast and another 100 on the East Coast. I have just confirmed that there is wireless internet access at the venue for the International Council of Unitarians and Universalists conference at Oberwesel, Germany, as well, so I'll be taking my laptop and webcam along and we'll see what we can make happen.

While this particular initiative is a "just for fun" idea, email communication and websites do make communication over 5 time zones a lot more possible - and respectful of people's time. This message, for instance, is going to over 800 people, some of whom won't receive it for a couple of hours, others for a couple of days. I'm not hurt by the fact that some of those 800 will simply delete it - too busy with other priorities. I like to think as they delete it they still know that "Mary just said: Hi!"

Since August we have been putting our toe in the water of "teleseminars". We hope to be able to extend our ability to connect UUs across the country and provide training opportunities without the need for travel by either presenters or participants. We've hosted sessions on media

relations, social responsibility and lay chaplaincy and are planning some on worship and financial stewardship.

In an hour teleseminars, about 40-45 minutes is a presentation by one of our volunteer leaders. A facilitator assists people to get on the call, facilitates introductions and a Q&A period and lights and extinguishes a chalice - with a reading. Time-zones and technological issues about dial-in numbers and access codes are still a bit of a challenge, but so far they are proving worth the effort.

Here's an unsolicited testimonial I received after the first one: It's an amazing experience to talk to fellow UUs from coast to coast from the comfort of your own home. Congratulations on this practical and effective initiative.

The only cost to the participants, is a long distance charge to a US phone number. A way to make the call more interesting—and less expensive as well—is for a group to meet locally around a speaker phone, allowing time to extend the conversation afterwards, as well as some social time.

We may, in the future, venture further into the water and try out webconferencing.

In the meantime, if you want to receive the list of upcoming teleseminars so you or others in your congregation can participate, just send an email to teleseminars@cuc.ca

Take care of yourselves and each other,

Mary Bennett, Executive Director
Canadian Unitarian Council

SHORT SNIPPETS

Come to Ottawa - Bring the Family! Our Annual Conference & Meeting will be at Algonquin College in Ottawa. Residence suites of 2 bedrooms, with a kitchen and bathroom are only \$80 plus taxes. The residence area has a gated courtyard as a safe play area, that will be used for some of the children's programs. Youth and their advisors will be staying at Ottawa First for most of the weekend building their own community, and come on site for Sunday from noon to 6:00pm for the Multi-generational day. Recently, almost 1/3 of participants at the ACM have been involved in the kids and youth programs. This year, the venue is particularly family-friendly and driving distance for a lot of UU's. Additional ACM information as it becomes available will be posted at www.cuc.ca/conference/2008. Proposals for workshops are due by November 1.

Buy Nothing Day - November 23, 2007 What are you doing (or not doing) for Buy Nothing Day? For the 5th year, the CUCs Environment Monitoring Group and CUC board have endorsed Buy Nothing Day. There's a news release and article by Rev. Wendy McNiven on the Environment Social Responsibility page on the CUC website: http://cuc.ca/social_responsibility/environment/index.htm We have email discussion groups for the environment in

general and for sharing ideas and asking questions about Buy Nothing Day in particular.



News from the CUC Board

THINK Deeply — ACT Passionately — CONNECT Spiritually

September 2007

The CUC Board met for 4 days this September for its “first of the year” Board meeting at Unicamp, located North of Toronto. Newcomers to the Board were Rev. Christine Hillman (Central Region) and Ron Bulmer (Eastern Region). Nick Nesbitt-Larking is our new Youth Observer to the Board. We were fortunate to be joined for part of our meeting by Revs. Frances Leigh Deverell and Wayne Walder. This provided an opportunity for the Board to re-iterate its support of professional ministry and its commitment to partnership with our ministers.

In 2001, the CUC adopted a 5-year plan (entitled Of Regions And RNGs), which charted our course as the CUC took over the responsibility for delivery of most of the services previously provided by the UUA. This summer we conducted a formal assessment of that 5-year plan. Many of you provided input by responding to an on-line survey. The report (to be available on the CUC website shortly) was overwhelmingly positive with kudos to our wonderful staff and the leadership of the day. The report contained a number of recommendations for improvement, many of which we have begun to address.

The Board’s current planning process is called Go-4-It! (Go On!, Go Deep!, Go Out!, Go Big!.) The Board spent much of its September meeting discussing various strategies and potential initiatives. We recognize the creative tension involved in maintaining our strategic mandate to build vital religious communities in Canada while also acknowledging a growing desire among our congregations for a stronger influence on the national and even the international scene.

The Board also welcomed reports from staff indicating that the CUC’s current regional and lifespan learning service delivery is on track with the 2007 annual plan and budget. We are fortunate to welcome Laura McNaughton as Director of Regional Services, West.

The CUC Board operates under the Carver model of governance, whereby the Board focuses on policy “ends” rather than operations “means” This model provides an effective way of delineating board and staff responsibilities in not-for-profit organizations. As part of our retreat, the Board took time to re-educate itself on the fundamentals of this model.

The Statement of Principles Task Force will be meeting

this fall to discuss next steps following the national review of the current Statement of Principles and Sources during last fall and winter.

Technology offers opportunities for the Board and our member congregations to communicate and interact more effectively. The Board committed to testing web conferencing as a way of increasing the frequency of “live” meetings and reducing Board meeting costs.

Calvin Drake
Vice President, Board of Trustees
Canadian Unitarian Council



Buy Nothing Day

Editor’s note: see the message from Mary for teleseminar reference

“Renounce and Enjoy”, Unitarians Say

Unitarians across Canada are taking a day off on November 23 from spending, to observe Buy Nothing Day. The Canadian Unitarian Council encourages congregation members across Canada not to handle money on that day, but to spend some time asking themselves, “How much is enough?”

“Unitarians covenant to affirm and promote the interdependent web of existence,” said Jean Pfeleiderer, president of the CUC. “We can achieve this by living simply, and by curbing the urge to spend and consume more than we need.”

Unitarians work towards a more sustainable world through various projects, including Green Sanctuary programs in their churches and fellowship halls. Buy Nothing Day provides a chance to join with environmentalists and consumers’ groups globally

“We believe in world community,” said Pfeleiderer. “We also believe that we cannot shop our way to fulfillment. We encourage people to ask themselves every day, ‘Why do I want to own this?’ We think people are trying to fill spiritual needs by accumulating possessions, when what they really want is fellowship.”

Between Buy Nothing Day and New Year’s Day, many Unitarian congregations will offer fellowship through community gatherings, workshops and worship services. Some of these events illustrate Unitarians’ Christian roots and long-standing commitment to social responsibility, such as “Unplug Christmas” and “Simple Christmas” workshops; “Blue Christmas” events where people can talk about the downside of the holidays; and collecting and distributing hampers for those less fortunate than themselves.

Buy Nothing Day kicks off the Unitarian winter holiday season with a reminder that true gifts come from the heart,

not the store. "We are urging Unitarians to buy less," said Jean Pfeiderer, "and live more. Gandhi once summed up his philosophy as 'Renounce and enjoy'. If we take the focus off spending, we can see other aspects of life more clearly."

The Canadian Unitarian Council was the first national faith group ever to endorse Buy Nothing Day, urging the 18,500 Unitarians in Canada to stay out of the stores and malls on that day. The CUC hopes that other faith communities will follow its lead, by endorsing Buy Nothing Day, and encouraging their own members to give their loved ones the greatest gift of all: their time and full attention.

The Canadian Unitarian Council/Conseil Unitarien du Canada (CUC) is an association of forty-five congregations located across Canada with 5,200 individual members. Arising out of the work of outspoken reformers and dissenters within the Christian tradition five centuries ago, the Unitarian movement today includes Universalists and flows in a broad religious stream augmented by Humanist, earth-centered, Buddhist and other progressive beliefs.

Why Buy Nothing on November 23rd

November 23rd is "Buy Nothing Day" - an event originated by Adbusters Magazine, and willingly adopted by people in both the US and Canada.

U*U's might Buy Into this concept for any number of reasons:

- We like to challenge ourselves to "walk the talk". Buying Nothing for a whole 24 hours is actually a pretty big challenge. How big a challenge is determined by how strictly you define Buying, and Nothing. Do you turn off your electricity? Do you eat only garden produce that day? Do you walk or cycle to work instead of driving or taking a bus? Do you save all pay-per-use telephone calls until tomorrow?

- We believe that we are not only a part of, but also responsible for, the Interdependent Web of All Existence. This means that we have to be conscious of how much we are consuming, how necessary it really is, and what the costs are to the earth and to all living creatures when we consume anything. A tall order. But what the heck - we like challenges!

- We value the Inherent Worth and Dignity of all people. Some of those people we value are working for extremely poor wages, under unhealthy conditions, to produce inexpensive widgets that we mostly don't need. Because we don't need them, we will only buy them if they are very cheap. One way of our helping to slow down that race to ultimate cheapness might be to stop purchasing silly goods (or "bads") and start putting that saved money into social justice projects instead.

- We want to grow spiritually. There's nothing like a good dose of Nothing to put a person into a spiritually growthful

space. Makes you aware of all the noise and stuff that fill your other 364 days. Empty yourself, it's good for you.

I'm sure that as creative as we are, collectively we could come up with many more reasons to Buy Nothing on November 23rd.

Go for it!



Definition of a Canadian

-Written by an Australian Dentist

Pakistan Newspaper Ad - Reward for killing a Canadian

You probably missed it in the local news, but there was a report that someone in Pakistan had advertised in a newspaper an offer of a reward to anyone who killed a Canadian - any Canadian.

An Australian dentist wrote the following editorial to help define what a Canadian is, so they would know one when they found one.

A Canadian can be English, or French, or Italian, Irish, German, Spanish, Polish, Russian or Greek. A Canadian can be Mexican, African, Indian, Chinese, Japanese, Korean, Australian, Iranian, Asian, Arab, Pakistani or Afghan.

A Canadian may also be a Cree, Metis, Mohawk, Black-foot, Sioux, or one of the many other tribes known as native Canadians. A Canadian's religious beliefs range from Christian, Jewish, Buddhist, Muslim, Hindu or none. In fact, there are more Muslims in Canada than in Afghanistan. The key difference is that in Canada they are free to worship as each of them chooses. Whether they have a religion or no religion, each Canadian ultimately answers only to God, not to the government, or to armed thugs claiming to speak for the government and for God.

A Canadian lives in one of the most prosperous lands in the history of the world. The root of that prosperity can be found in the Charter of Rights and Freedoms which recognize the right of each person to the pursuit of happiness.

A Canadian is generous and Canadians have helped out just about every other nation in the world in their time of need, never asking a thing in return. Canadians welcome the best of everything, the best products, the best books, the best music, the best food, the best services and the best minds. But they also welcome the least - the oppressed, the outcast and the rejected.

These are the people who built Canada. You can try to kill a Canadian if you must as other blood-thirsty tyrants in the world have tried but in doing so you could just be killing a relative or a neighbour. This is because Canadians are not a particular people from a particular place.

They are the embodiment of the human spirit of freedom. Everyone who holds to that spirit, everywhere, can be a Canadian.

'Keep your stick on the ice'



Message from Linda

Editor's Note: this is the first page from Linda's mailing the complete letter is available on the net at http://www.cuc.ca/whos_who/drs/linda.htm

My People...

One of my favourite stories about Unitarian Universalists at gatherings is told about the General Assembly of the UUA held in Rochester N.Y. in 1998. The Convention Centre where the event was held had a large central area overlooked by balconies. It was in this area that dances took place each evening. On one of the evenings a woman was standing on the balcony looking at the crowd below, when a Conference Centre employee asked her, "Who are these people?" The questions continued, "Who are these people? I've seen a lot of conferences, and I'm seeing old people and young people, black and white people, women and men, and they are all dancing together, with each other. I've never seen that, who are these people?" The woman who had been watching the crowd answered the employee, explaining that the event was the continental event of a liberal religious faith group. The employee heard the answer then looked back at the crowd and then back at the watching woman and she asked another question, "Are these your people?" Breath taken away, the woman on the balcony answered the question, "Yes, these are my people."



And my question to you is, "Are these your people?" We don't often use language of belonging that runs as deep as that question seems to. I tend to talk about 'fellow-members' or 'congregants' but I don't often think about the members of my congregation and of the other congregations in Canada and elsewhere as 'my people'. What would it mean if we embraced that idea, that language? What would it mean if we thought of the larger UU com-

munity as our beloved community and the members of it as 'our people'? What would it mean if we remembered to think of ourselves as theirs? I think, and I observe in myself, that reframing things in this way could have a profound effect on us and on the quality of our relationships in UU community. This reframing would, I believe, help us make significant improvements to the nature of our congregational life.

Often we think of membership as a decision that will help ensure our spiritual needs are met, rather than as a decision to be in meaningful relationship with a community of people who will, in fact, help us address our spiritual development needs but who will in turn expect the same of us. If we understood the mutuality of the relationship it might be easier for us to let go of some of our preferences and priorities and instead ask how the community was affected by decisions. I imagine that meetings, which in many congregations, are difficult because they often take on an argumentative tone, would become calmer and that it would be easier for people to listen and hear points of view they may not personally agree with. I imagine it would be easier to include new people in our congregations, even those who challenge our assumptions about 'what Unitarian Universalists do', because we take seriously the profound relationship bond that 'my people' implies. New members would more easily understand their role in the congregation, because it wouldn't be defined by role or responsibility, but rather by relationship. I encourage all of us to pause for a moment on the balcony and to consider the question, "Are these my people". I encourage all of us to imagine the implications if the answer is 'yes'.

Linda Thomson
Director of Regional Services - East
linda@cuc.ca
905-332-3851



UniCamp Update



Your new Board of Directors is Elinor Knight (President), Ellen Papenburg (VP & Treasurer), Simone Tisshaw-Baril (Secretary), Patricia Trudeau (Program), Shawn Springer (Property), Shalom Cumbo-Steinmetz (Publicity), David Renzetti (Long Range Planning), Maggie Kambanis (Seasonals), Kendrew Pape (member at large), and Adrian Iacovino (Youth).

Here is an update on our Green Sanctuary efforts. Fridges in cottages have been replaced with more energy efficient bar-fridges, solar powered lighting has been added outside

of dorms, peat is being used in our outhouses, and solar panels are pre-heating water for showers! Also, look for our new conservation awareness display, featuring an exhibit on the flora & fauna at Unicamp.

Wishing everyone the warmest of regards, as we head into the chilly part of this year!

Shalom Cumbo-Steinmetz
Publicity & Communications
519.767.0273
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Announcing Gifts of Securities - Online!

CanadaHelps is pleased to announce that you can now donate gifts of securities (stocks, bonds, and mutual funds) online to your favourite charities.

On Tuesday, October 16th, CanadaHelps was at the Toronto Stock Exchange to open the market, and to officially launch the new online gifts of securities feature. With the launch of CanadaHelps online Gifts of Securities donation capability, charitable giving has reached another technological milestone.

The federal budget of May 2, 2006 announced the elimination of capital gains on donations of publicly traded securities, making it the most tax efficient means of making a charitable donation. Now donors have the ease of doing it all online to the charities of their choice.

“It’s so easy,” remarked Fred Ketchen, Director, Equity Trading with Scotiabank, past Chairman of the TSX, and long-time supporter of various charities. “It was a quick 5-step process that took a total of three minutes. There’s no doubt this will be an attractive means of giving for donors.” Mr. Ketchen joined CanadaHelps staff and Board Members today at the TSX to open the markets with this announcement.

“As a charitable foundation that prides itself on giving made simple, we’re delivering,” remarked Owen Charters, Executive Director of CanadaHelps. “Donors are able to give with ease and efficiency and charities don’t need to invest in expensive technology to provide their donors with what they want. It’s a win-win for everyone.”

Giving securities online is a Canadian first - and through CanadaHelps, donors can now give to any of their favourite charities by donating stocks, bonds, or mutual funds, all online. Also, many charities don’t have a brokerage account - CanadaHelps’ newest feature allows these charities to receive and benefit from gifts of securities.

CanadaHelps is proud to be working with ScotiaMcLeod in providing this ground breaking offering.

This space wants your material!